



**804 Jiu-Jitsu RVA, LLC**  
**4816 Market Square Lane,**  
**Midlothian, VA 23112**  
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		5:15 AM Adults (All Levels)		5:15 AM Adults (All Levels)		
					9:00 AM Kids Class (All Levels)	10:00 AM Available for PRIVATE Classes
10:00 AM Available for PRIVATE Classes					10:00 AM Adults (All Levels)	11:00 AM Available for PRIVATE Classes
12:00 PM Adults (All Levels)	12:00 PM Adults (All Levels)		12:00 PM Adults (All Levels)	12:00 PM Available for PRIVATE Classes		OPEN MAT 1:00 - 3:00 pm (Adults)
5:00 PM Available for PRIVATE Classes	5:30 PM Kids Class (All Levels)	ADVANCED Competition Kids Class 5:30 PM (Selected Students)	5:30 PM Kids Class (All Levels)	5:00 PM Available for PRIVATE Classes		
6:30 PM Adults (All Levels)	6:30 PM Adults (All Levels)	6:30 PM Adults (All Levels)	6:30: PM NOGI /BJJ All Levels	6:30 PM Adults (All Levels)		
7:30 PM Jiu-Jitsu Street Combatives (All Levels)		7:30 PM JUDO (All Levels)	OPEN MAT 7:30 pm - 8:15 pm (Adults)			